

## Sarin Gas: Too Heinous Even for War



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#### Introduction:

#### What is it

Sarin gas (military designation GB), is one of the most dangerous and toxic chemicals known. It belongs to a class of chemical weapons known as nerve agents, all of which are organophosphates, it's colorless, odorless.<sup>(1)</sup>

#### Synthesized

1938

Developed in Nazi Germany by a team of German scientists lead by the german chemist Gerhard Schroeder seeking a tougher pesticide<sup>(2)</sup>. Hoping to make progress in the fight against hunger in the world.<sup>(3)</sup>

#### First Use

1988 March 16 The ethnic Kurd city of Halabja in northern Iraq (population 70,000) was bombarded with chemical bombs at the end of the Iran-Iraq war, which included sarin. Figures for the final total of dead range from 3,200 people to 5,000. (4)

#### **Mechanism of Action: HEALTHY SYSTEM** Nerve cells carry information active site, thus eliminating its function to hydrolyze Ach. by sending electrochemical impulses to the muscles and organs. Neurotransmitters 0 Nerve terminal Acetate - • Neurtrasmitter Leading to a Neurotransmitter binds with Enzyme build-up of receptor and 0 acetylcholine sends an Synaptic cleft in the synaptic impulse to cleft, so that the muscle Receptor any nerve before being impulses are broken down effectively by an enzyme continually (5)(6) which stops Post-synaptic transmitted the process. membrane Impulse Impulse Sources: New York State Department of Health; Medscape; Reuters

#### **Health effect:**

#### **Symptoms**

occuring within seconds to hours of exposure

**SLUDGEM** syndrome:

- Salivation.
- Lacrimation.
- Urination.
- Diarrhea.
- Gastrointestinal distress.
- Emesis: Vomiting.
- Miosis.
- Muscle spasm.

Exposure to large doses result in:

- Convulsions.
- Paralysis.
- Respiratory failure (due to bronchorrhea and bronchospasm).

#### **Long-term**

Mildly exposed people usually recover completely. Severely exposed people are less likely to survive.<sup>(7)</sup>



T-Health Topics-Epilepsy with Tonic-clonic Seizures. Qmedicinecoin. 2017. Available at .1 http://www.qmedicine.co.in/top%20health%20topics/T/Epilepsy%20with%20Tonic-clonic%20Seizures.html

### **Managament:**

#### **Decontamination**

- ➤ Remove & dispense of contaminated clothing As quickly as possible.
- ➤ Wash skin with large amounts of soap and water.
- ➤ Rinse the eyes with water for 10 to 15 minutes<sup>(8)</sup>.

#### **Antidotes**

Atropine and Pralidoxime.(8)

#### Recent uses as a weapon:

- ➤ On **March 19, 2013**: a chemical attack in Khan al-Assal Aleppo, Syria<sup>(9)</sup> resulted in at least 124 wounded persons and killed 20<sup>(10)</sup>
- ➤ On **August 21, 2013:** sarin was used in an attack in the Ghouta region of the Rif Dimashq, Syria death toll range from at least 281 people to 1,729. (11)
- ➤ On **April 4, 2017** Khan Shaykhun in Idlib Governorate, Syria<sup>(12)</sup> sarin gas was released during an airstrike by Bashar Al Assad forces. at least 74 people where killed and more than 557 where injured.<sup>(13)</sup>

#### **Conclusion:**

- ➤ Sarin is a highly toxic invisible, synthetic organophosphorus compound.
- ➤ Classified as a nerve agent because of its poisonous effects on the body's central and peripheral nervous systems.
- ➤ It binds to AChE inhibiting it from hydrolysing ACh thus accumulation of ACh.
- ➤ Leading to unwanted repeated muscle contraction.
- ➤ It's deadly due to asphyxia.
- ➤ Sarin, like all chemical weapons, is banned under international law.

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