



PTSD and depression

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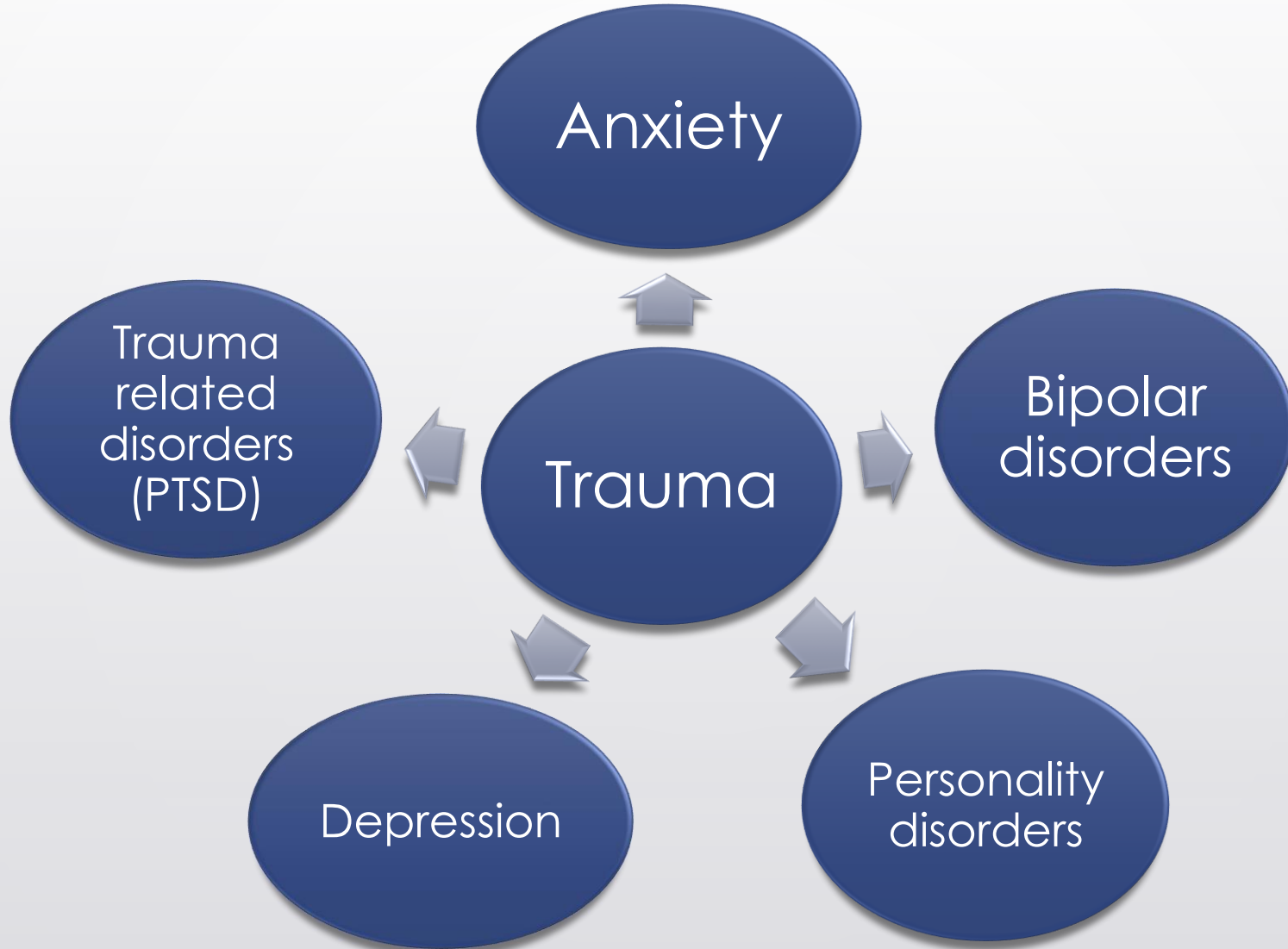
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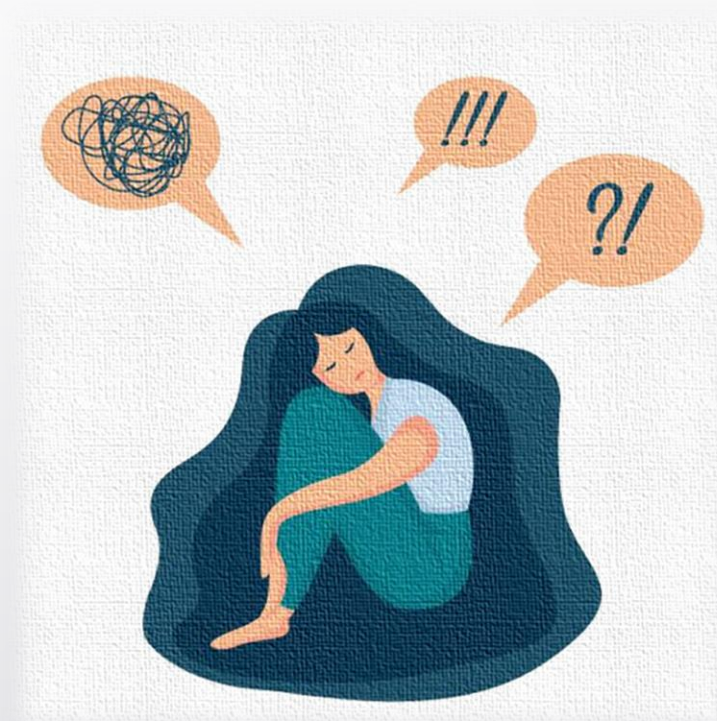
Objectives

- Define PTSD
- Outline sign and symptoms of PTSD
- List types of PTSD
- List Factors affecting the measurement of depression and PTSD
- Discuss treatment and management of depression

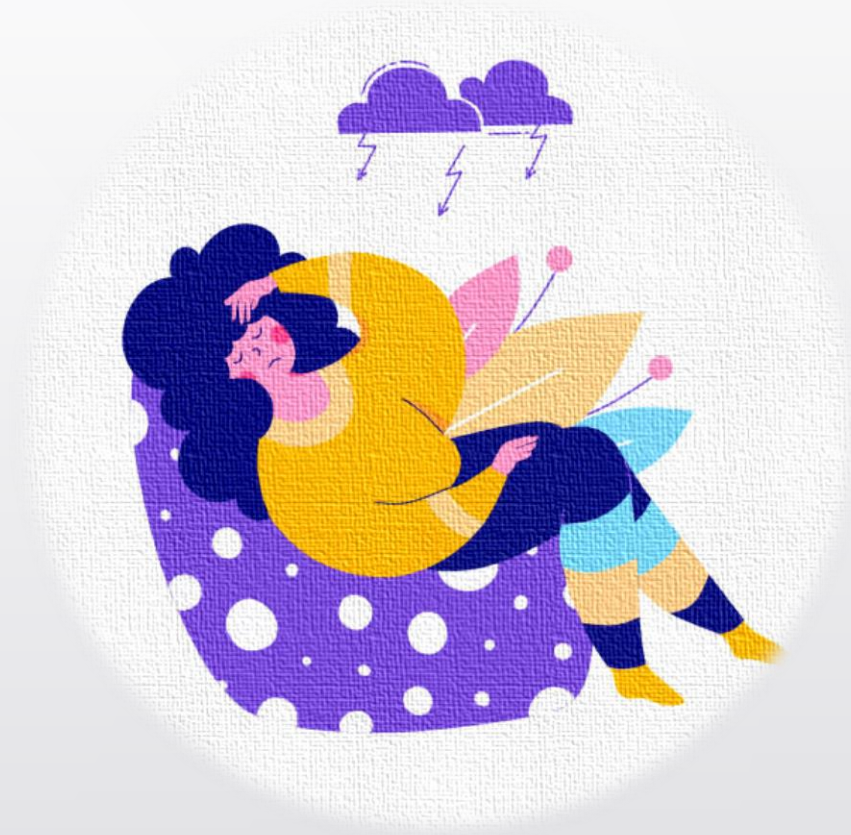


What's PTSD

- Post traumatic stress disorder: Is a disorder which characterized by the presence of trauma exposure with a minimal of one month of persistent symptoms, at least one symptom from the four clusters:



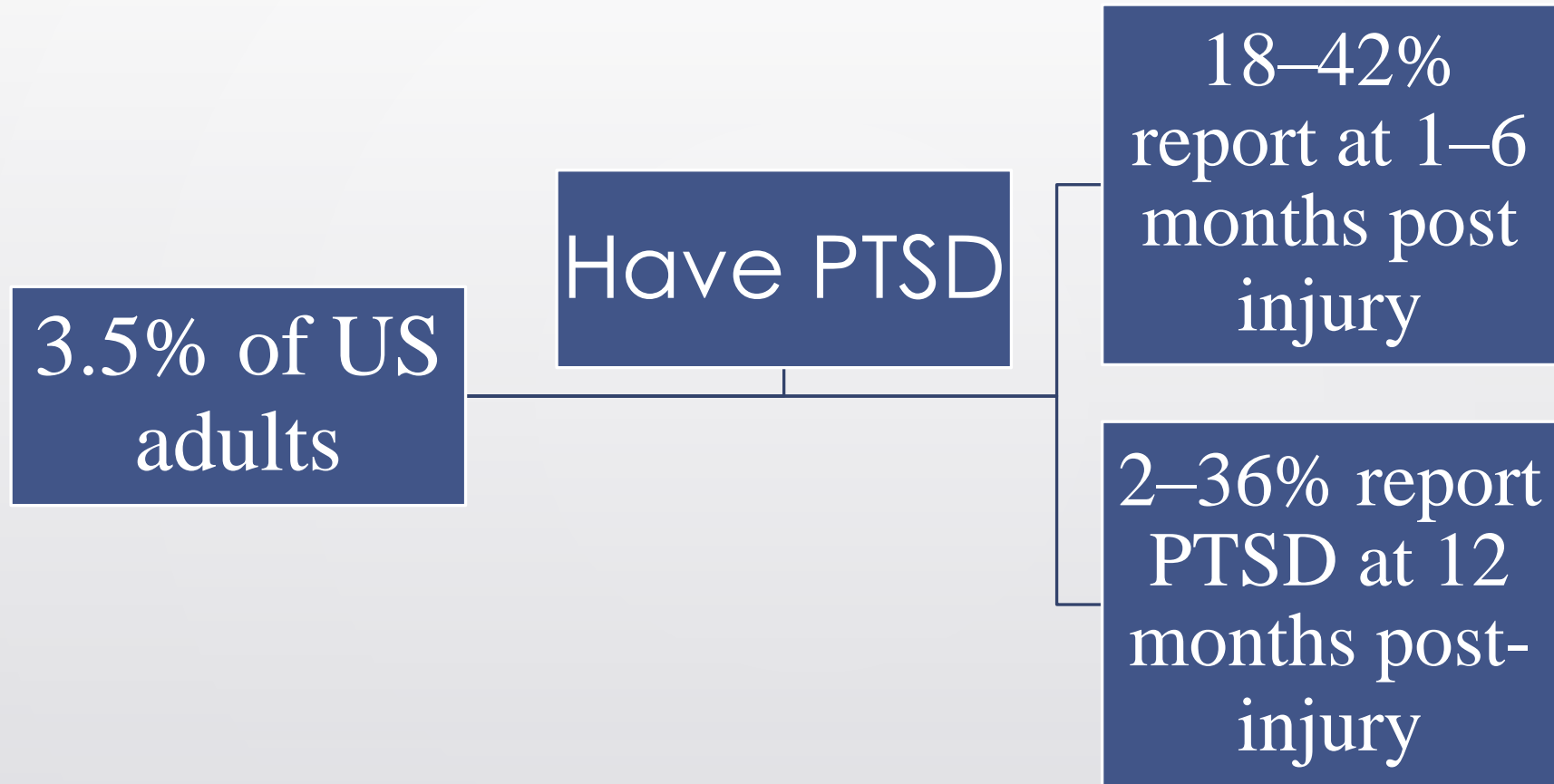
- ❖ Intrusion .
- ❖ Avoidance .
- ❖ Negative mood .
- ❖ Cognitive alterations in arousal and reactivity .



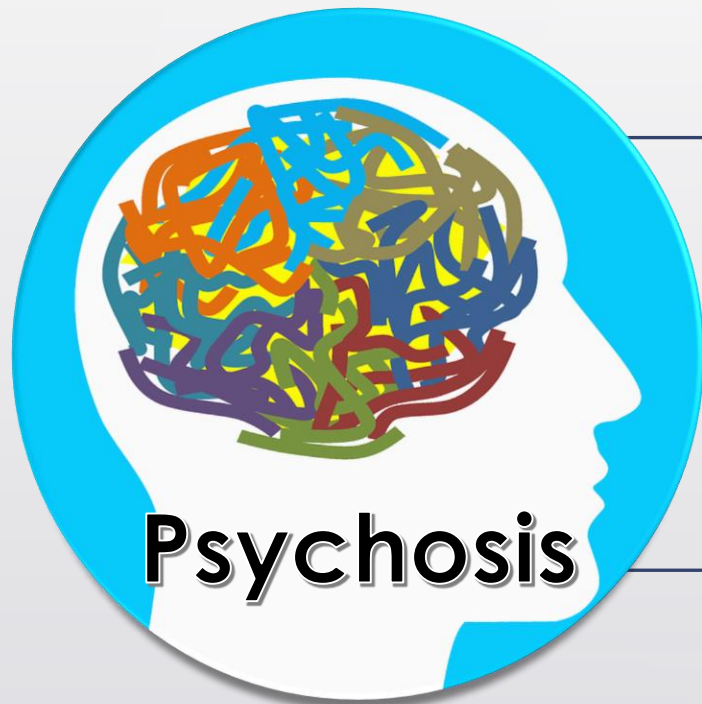
Sign and symptoms of PTSD

- ❖ Experiencing a traumatic event: life threatening
- ❖ One or more symptoms of re-experiencing the event
- ❖ Three or more symptoms of avoidance
- ❖ Two or more symptoms of hyperarousal





Types of PTSD



Post psychotic
PTSD (PP-PTSD)



PTSD with
secondary
psychotic
features (PTSD-SP)

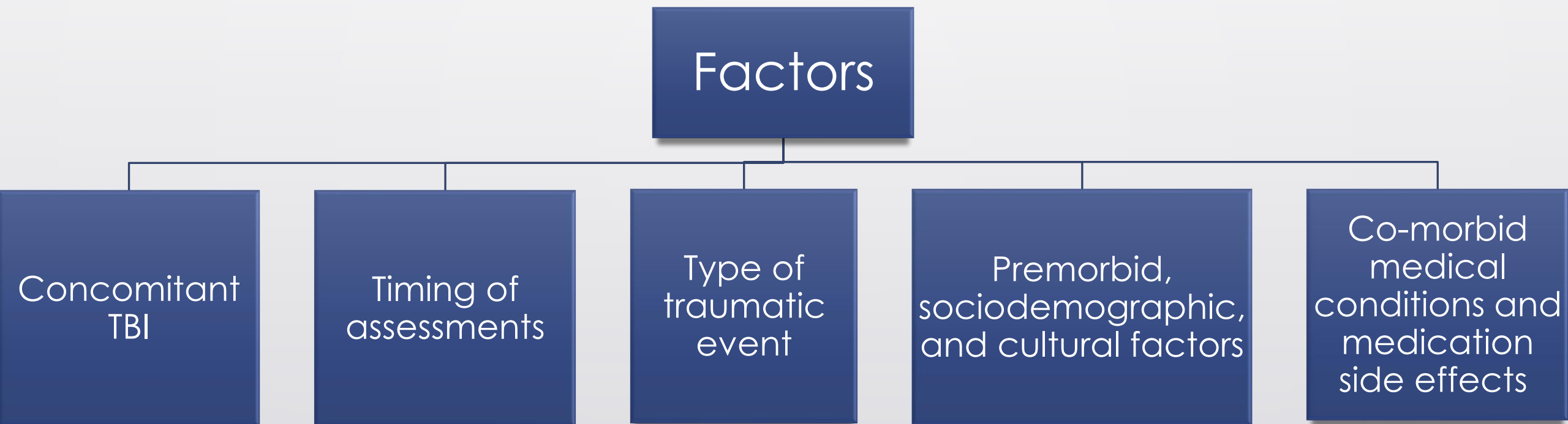


Acute



Chronic

Factors Affecting the Measurement of Depression and PTSD



How can you treat patient from depression?

- Written exposure therapy (WET)
- Cognitive Processing Therapy (CPT)
- Use of anti-depressant drugs
- Yoga





How can you prevent patient from depression?

Detection
and
diagnosis

Patient
education
and
engagement
in treatment

Initiation of
evidence-
based
pharmaco-
therapy /
psycho-therapy

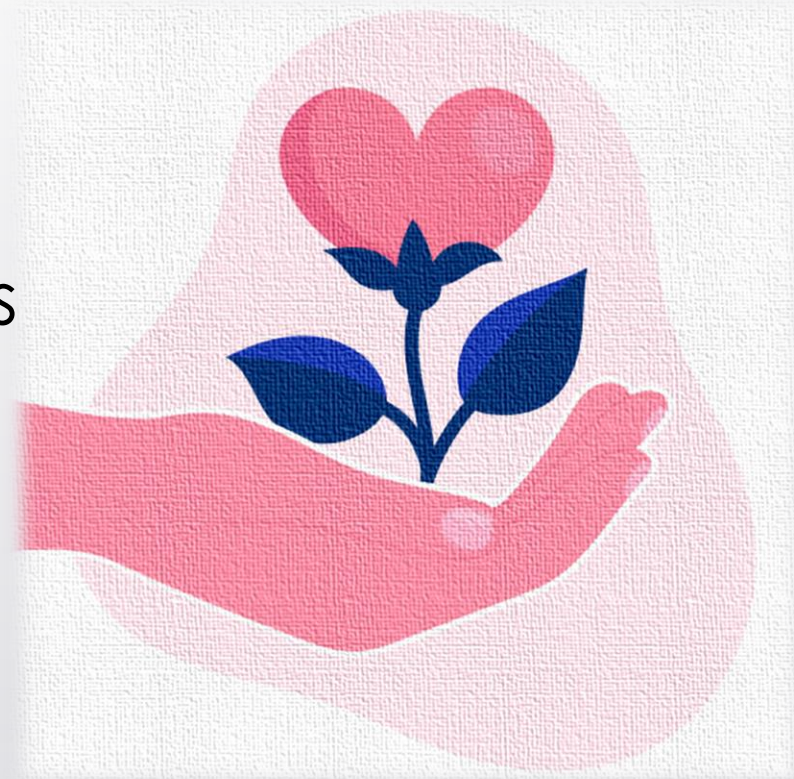
Follow-up
focusing
on
treatment
adheren-
ce

Treatment
effective-
ness

Treatment
side effects

Conclusion

Peoples with PTSD can re-experience the event in any time , So , you should always take care of them and you should prove that you are by their side.





References

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THANK YOU

