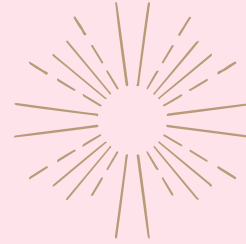


Diabetes in pregnancy



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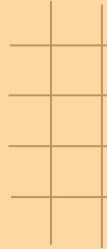
Objectives

- Define gestational diabetes
- List causes of gestational diabetes
- List sign and symptom of gestational diabetes
- List Risk factor of gestational diabetes
- Describe treatment of gestational diabetes



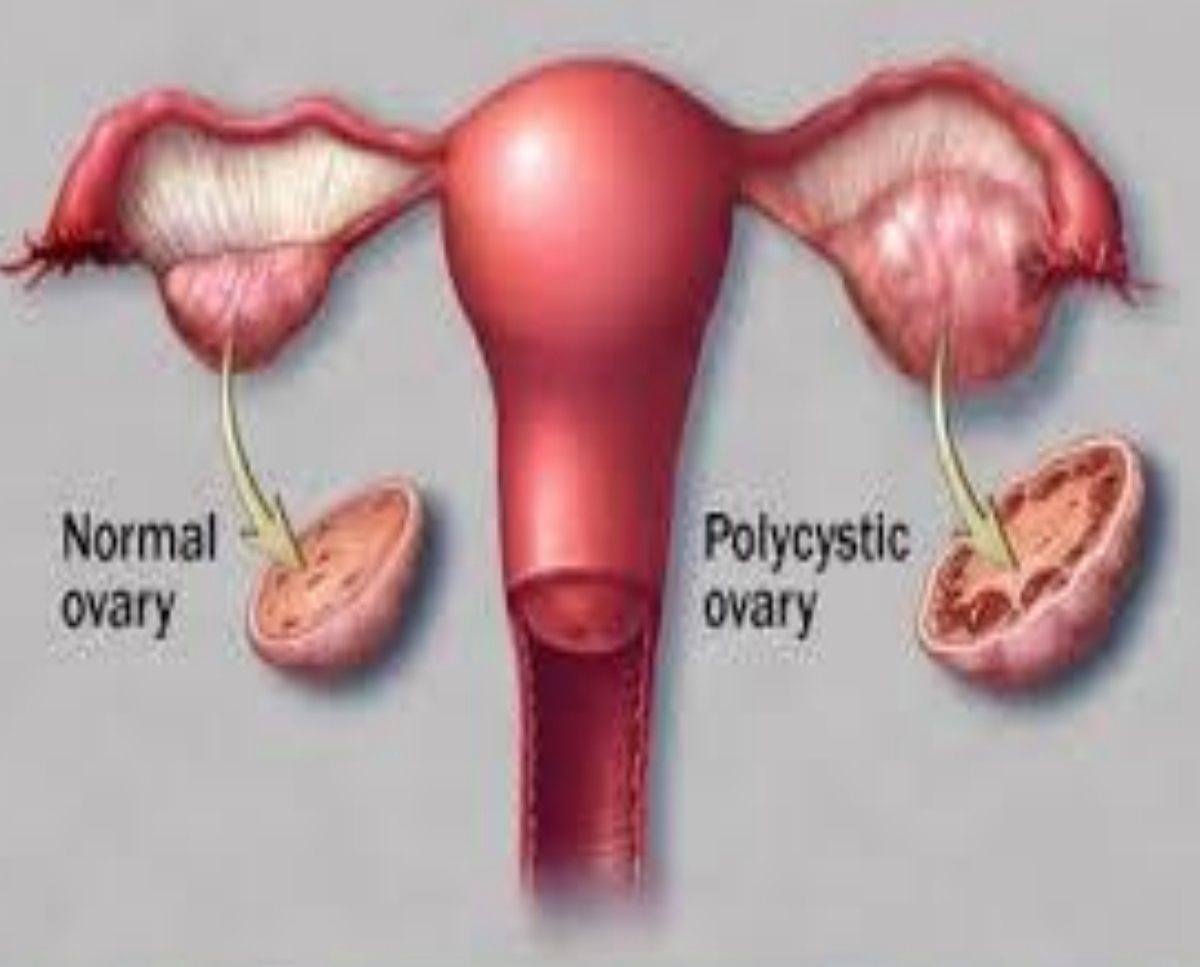


Introduction

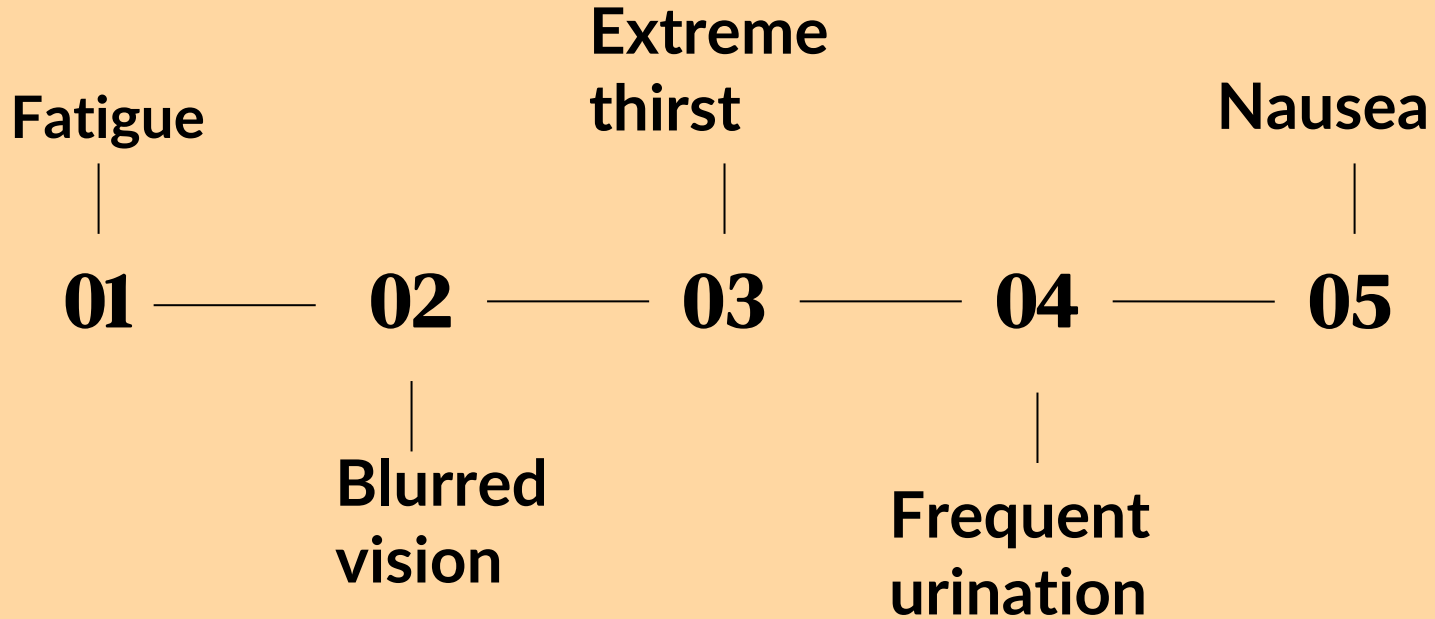


Definition

Gestational diabetes mellitus is (GDM) is a condition in which a hormone made by the placenta prevent the body from using insulin effectively . glucose build up in the blood instead of being absorbed by the cell .



Sign and symptom of GMD



Rick factor of GMD

- ❖ Being overweight or obese
- ❖ Not being physically active
- ❖ Having prediabetes
- ❖ Maternal age
- ❖ Having an immediate family member with diabetes
- ❖ Having previously delivered a baby weighing more than 9 pounds (4.1 kilograms)





Treatment of gestational diabetes



Lifestyle changes



Blood sugar monitoring,



Medication



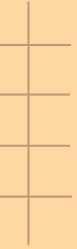


Conclusions

Every pregnant women must follow the doctor's instructions and follow a healthy pattern to ensure the health of the fetus .

Reference

<https://www.mayoclinic.org/>



Thanks for listening

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