



Tax To Be Perfect?

Understanding the risk of plastic surgery

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Introduction

Cosmetic surgery, like any type of surgery, is not without risks. Plastic surgery procedures can result in complications ranging from an unattractive or unnatural final result to scarring or even death.

Many people mistakenly assume that elective (optional) procedures, such as cosmetic surgery, aren't as serious as other types of surgery. But all surgeries, even simple dental procedures, present the possibility of serious complications. In addition to the general risks of surgery, there's always the possibility of issues arising due to anesthesia.

In some ways, cosmetic surgery can be more challenging than more standard surgeries if the patient doesn't tolerate surgery well. Many of these procedures are done in surgery centers or in an operating suite in the physician's office. For most patients, this isn't a serious concern. For the patient who becomes critically ill during surgery, being in a facility with an ICU and extensive resource.(1)



Case Report

The girl underwent surgery in the southern city of Hat Yai, in a clinic, whose name was not mentioned, and she offered rhinoplasty for a small amount of money. The procedure involved the introduction of a silica implant, such as that used in breast augmentation, inside the girl's nose to show it more clearly, while she later suffered a contagion in her nose that led to massive inflammation.(2)



Prevention

Like any surgery, the patient has the ability to reduce the risk of complications. The best way to reduce the risk of a bad outcome is to choose the surgeon who performs the procedure wisely. Lifestyle changes, such as quitting smoking, are extremely important before surgery, as non-smokers heal faster and have less scarring. Some plastic surgeons will not perform surgery on current smokers because the final outcome may not be as good. In addition, eating a healthy diet before and after the procedure can speed healing and improve wound closure, which also minimizes scarring.(2)

Factors

1.Poor Cosmetic Outcome: This may be the greatest fear of a plastic surgery patient: a result that not only fails to improve appearance but actually makes one's appearance worse than before the surgery.

2.Scarring: One of the greatest risks to achieving an attractive outcome, scarring is not always predictable, but can be controlled in most cases. Patients can decrease the risk of scarring by not smoking, eating well after surgery and following the surgeon's directions during recovery.

3.Nerve Damage or Numbness: In some cases, nerves may be damaged or severed during any surgical procedure. The result is more obvious, however, if it is a facial nerve. When those nerves are injured, the outcome can be the inability to make facial expressions or drooping of the eyes (ptosis) or mouth.

4.Infection: All surgeries carry a risk of infection. Proper wound care and frequent hand washing can minimize or prevent an infection.

5.Hematoma.

6.Bleeding.

7.Death.

8.Seroma.

9.Blood Clots.

10.Anesthesia Issuesy.(1)



Conclusion

Plastic surgery is like any other surgery that has risks and complication, most important complcation are infections during surgery and evening nerve damage ect, but we can prevent them by communicating the doctor after the surgery and if you notice anything abnormal you should go straght away to see your doctor.

Reference

- 1: Verywell Health. (2019). Understanding the Risks of Plastic Surgery. [online] Available at: <https://www.verywellhealth.com/what-are-the-risks-of-plastic-surgery-3156954> [Accessed 18 Feb. 2019]
- 2: Watch how a faceless facelift faceted this girl's face (image). Toss the news. <https://www.erehnews.com/latest-news/1131693>. Published 2019. Accessed February 18, 2019.